

- Shirts: 10 (at least 7 t-shirts)  
2 long-sleeved shirts
- Shorts: 5 pairs
- Pants: 4 pairs of jeans/sweatpants/athletic pants
- Underwear: 10 pairs
- Socks: 10 pairs
- Outerwear: 2 sweatshirts  
1 fleece/jacket (Project California only)  
1 lightweight rain poncho (Project Hawaii only)
- Shoes: 1 pair sneakers  
1 pair casual  
1 pair of flip-flops
- Bathing Suit: 2-3 suits
- Beach Towel: 1 beach towel
- Laundry Bag: 1 laundry bag with drawstring

**Remember: Dress is casual for all service projects. We STRONGLY DISCOURAGE bringing valuable items such as expensive jewelry or hand-bags to the program. Laptop computers are NOT permitted.**

## ADDITIONAL ITEMS

- Toiletries - soap, toothpaste, shampoo.
- Notebook to keep a journal of your program.
- Tennis Racquet (there are courts at the dorm)
- Camera and charger
- Sunglasses
- Cell phone and charger
- Sunscreen
- Small Alarm Clock

## LAUNDRY

Laundry can be done as needed in the laundry room of our dorm. We supply detergent.

## LINENS

The University provides all bedding and linens (sheets, blanket, pillow, pillowcases and bath towels). Do not pack these items as they will be provided for you by the University. Linens are changed every week by University Housekeeping.

## REQUIRED LUGGAGE

(Refer to the enclosed "Gear-to-Go" flyer for size appropriate choices.)

- **Duffel Bag / Suitcase**, not exceeding 30"L x 15"D x 14"H. A rolling duffel with handle and wheels is recommended.
- **1 Small Weekend / Carry-on Bag** is required for weekend trips. Please note that this bag can NOT be a second large duffel or suitcase. It is a smaller bag that will be carried onto the bus or airplane (Project Hawaii) with you on the weekends.
- **1 Small Backpack (optional)**. If you choose to bring a backpack, it must be empty, and packed inside your duffel bag on the first day of the program. Only one carry-on item will be permitted when checking in for your program.

## PACKING INSTRUCTIONS

- **THE MAXIMUM PACKED WEIGHT OF YOUR SUITCASE OR DUFFEL IS 50 POUNDS! This limit is imposed by the airlines, and an additional, substantial fee will be charged by the airlines each time we fly for luggage exceeding 50 pounds.**
- **Please keep in mind current airport security regulations when packing your carry-on bag.**