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| Shirts: | 10 t-shirts 2 long-sleeved shirts |
| Shorts: | 5 pairs |
| Pants: | 4 pairs of jeans or sweatpants |
| Underwear: | 10 pairs |
| Socks: | 7 pairs |
| Outerwear: | 2 lightweight sweatshirts or fleece pullovers 1 rain coat or water resistant jacket |
| Shoes: | 2 pair sneakers 1 pair of flip-flops 1 pair of water shoes or sandals |
| Bathing Suit: | 3 suits |
| Beach Towel: | 2 beach towels for water activities |
| Laundry Bag: | 1 laundry bag with drawstring, labeled |

Remember: Dress is casual for all service projects. We STRONGLY DISCOURAGE bringing valuable items such as expensive jewelry or hand-bags.

ADDITIONAL ITEMS

- Toiletries - toothbrush and toothpaste, deodorant (our hotel provides shampoo and soap)
- Insect repellent
- Sunscreen
- Camera and charger
- Hat or cap
- Water bottle – stainless steel recommended

LAUNDRY

Laundry is done by our hotel once per week. Laundry is picked up and delivered to each room. Please make sure to label all clothing.

LINENS

Our hotel provides all bedding and linens and there is daily housekeeping service.

REQUIRED LUGGAGE

- **Duffel Bag / Suitcase**, not exceeding 30"L x 15"D x 14"H. A rolling duffel with handle and wheels is recommended.
- **1 Small Weekend / Carry-on Bag** is required for weekend trips. Please note that this bag can NOT be a second large duffel or suitcase. It is a smaller bag that will be carried onto the bus with you on the weekends.
- **1 Small Backpack**. If you choose to bring a backpack, it must be empty, and packed inside your duffel bag on the first day of the program. Only one carry-on item will be permitted when checking in for your program.

PACKING INSTRUCTIONS

- **The maximum packed weight of your luggage is 50 pounds. This limit is imposed by the airlines, and an additional fee will be charged by the airlines if your luggage exceeds 50 pounds.**